



Media Release

January 31st, 2019

LOCAL CONFERENCE CONNECTS SELF-ADVOCATES

VICTORIA – Self-advocates from across the South Island are invited to learn new skills and network at Victoria’s triennial “*My Community Conference*”, a Self-Advocate Conference being held Tuesday, March 5th, 2019 at the Salvation Army Citadel, 4030 Douglas St, Victoria.

Registration is open on a first-come, first-serve basis for up to one hundred participants. Cost is \$10, which includes a seasonal-themed lunch, snacks, learning sessions, and networking opportunities. Hosts and presenters are all British Columbians who bring a variety of experiences to their role, many who live with diverse abilities.

My Community was developed by Self-Advocates for a Brighter Future, a self advocacy group which was formed in 2007 by BeConnected Support Services and Kardel. It is made possible in 2019 through donations from BeConnected Support Services, Community Living British Columbia, Integra Support Services, Kardel, and Saint Vincent de Paul Society: local agencies which support adults with developmental disabilities.

Online registration for My Community 4 is now open: <http://bit.ly/MyCommunity4>; the deadline for registration is February 28th, 2019.

Self-advocate is a term adults with developmental disabilities use to describe themselves when they advocate for community inclusion for themselves or others. For more information about Self Advocates for a Brighter Future, visit SABF’s Facebook page at <https://www.facebook.com/SABrighterFuture/>.

For more information about the conference please contact:

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