

SPRING 2014

# kardel Connector

**SWING INTO SPRING!**



**Kardel's vision is a community where all members live a full life, feel included and are given equal opportunity to make empowered choices in their lives.**

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## Connector Team



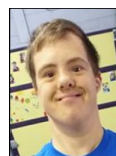
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Co-editor

## CARF Accreditation 2014

Stuart Munger

Hello all, most of you know now that we were successful in being accredited by CARF International for a period of three years, which is the maximum time frame you can receive.

The survey ran from January 22<sup>nd</sup> – January 24<sup>th</sup>, 2014, and everyone involved with Kardel did a fantastic job of preparation for CARF and welcoming our two guests. Peter Sproul was the Administration Surveyor from Kingston, Ontario, where he is Executive Director for Community Living Kingston and District. Shannon Durbin was the Program Surveyor from Memphis and she is Director of Quality Management for Support Solutions, which covers four states.



Everyone took time out to prepare for the Survey. The Program Surveyor, Shannon, spent time at Dustin and Henry on the first day. On the second day Shannon went to Futures, ISN and a Home Share. Shannon was very complimentary about her experiences and a big thank you to all who contributed to those comments.

I also thank everyone who was ready to contribute as there were various schedules and a change could have been made at the last moment.

This achievement is an indication of Kardel's dedication and commitment to improving the quality of lives of the persons we serve. Our services, staff and documentation clearly indicated to CARF an established pattern of practice excellence.

The report is available on the Kardel website and our accreditation now extends to March 2017. Thank you staff, families, home share providers, funders and most importantly, the people we serve, for contributing to this recognition from CARF International.

I want to give one final thank you that is very important to me. That thank you is for my predecessor, Karen Van Rheenen. Karen's support and guidance to me in preparation for the Survey were invaluable. She is truly an amazing person.



## Sean Bartram interviews Stuart Munger



Sean: Where are you from?

Stuart: I'm from England, and a place called Wolverhampton, which is about the size of Victoria and is about 2 hours north of London. I emigrated here five years ago in July!

Sean: How long have you been with Kardel?

Stuart: I've been with Kardel for just over four years now.

Sean: Where did you work before Kardel?

Stuart: Well when I first arrived in Canada I worked briefly for Independent Living Housing Society as a CSW (Community Support Worker). In England I worked for the National Health Service for 8 years. I worked on projects such as: chronic health, health inequalities in communities and workplace wellness.

Sean: What is your role with Kardel?

Stuart: I am Director of Program & Quality Assurance, which involves advising regarding issues of quality assurance and best practice as these relate to the care and support of the individuals we serve.

I coordinate the review of the policies and procedures of the organization and I facilitate the CARF accreditation process which includes developing plans and reports. I'm also responsible for training opportunities for Kardel and also developing how we can use ShareVision for Kardel.

Sean: What are your plans for the future?

Stuart: Well, ShareVision will continue to expand and it is such an important tool for the organization. Everyone has embraced the implementation so well and with special thanks to Ken Passmore and Tracy Bruno we have been able to "customize" the system to Kardel's needs.

For me, personally, I would like to find a way to present plans in a more user- friendly way for staff, families, homes, share providers and, most importantly, the people we serve.

Sean: What do you enjoy doing outside of work?

Stuart: I like travelling, going to the movies and the Victoria Film Festival is great. I'm a huge sports fan and will watch anything sports related. My favourite sports are football and soccer and I follow the Denver Broncos and West Bromwich Albion. I'm trying to find a new sport to play as I just quit playing cricket after 20 years.

Sean: Thanks and see you again soon.



## A Gift that Keeps on Giving Frankie Best, Home Share Provider

It never ceases to amaze me how thoughtful and generous people are with supporting our community. I was again reminded of this when I received an email from Jen Andreen informing us that a very kind person had an elliptical machine and was interested in donating to a family who would use it.

I talked to the three young people who reside with me, Brittany, Jocelyn and Kerry, and asked if they would be interested in such a machine. With their enthusiastic response, I contacted the person and told him that there was a group of people residing with me who are interested in fitness and losing weight.

Our donor ever so kindly brought the elliptical trainer over to our home and gave us a good orientation to the machine. We decided it should go into the TV room, where it would be front and centre and not get hidden under clothes!

The elliptical is a SUCCESS!! To date Brittany has used it religiously 3 times a week for an hour at a time. She says it is a great work out, and with watching one of her favourite TV shows while using it, the hour flies by. I can see the machine will get more use by other members of the family too.

Thank you to our donor for this unexpected gift to our family. It puts us firmly on the road to fitness, which we all appreciate.

## Joan Elizabeth Fairclough

**Feb 1, 1940 - April 3, 2014**

Joan passed away peacefully on April 3<sup>rd</sup>, surrounded by love. Joan was one of the first residents of Glendale to move into a family home in the community in 1973, moving in with Theresa Jackson. Prior to Glendale, Joan lived in Jericho Hill, Woodlands, and Essondale/Riverview.



Joan is survived by her sister Lesley Cockrell and was predeceased by her mother Melva Biddlecombe and father Charles Fairclough.

Joan demonstrated that living in the community was a great advantage to herself and others. She woke up every day with a smile, eager to meet the world, and help others. She attended the Ozanam day program for 25 years. Joan loved embroidery, cats, ice cream, Oz, and bingo at the Island Deaf and Hard of Hearing Centre.

Joan will be missed by all who shared her life. Joan is a reminder to all of us that no matter your challenges or obstacles, the world is still a wonderful place. A memorial for Joan was held at New Life Fellowship Church on April 11<sup>th</sup>. Our thanks to Bev Bradley for her support for Joan.

***How wonderful it is that nobody need wait a single moment before starting to improve the world.* — [Anne Frank](#)**

## Patterson



Shirley Harrison checks out Butterfly World.



Patterson Leprechauns Robin McCartney and Jace Ford



Doug Haire and Karen Sprigg view The Great White Shark documentary at the IMAX Theatre.

Ken Wong enjoys Dim Sum in Chinatown.





## Self Advocates Launch Book and CD



Left to right: Author Sheenagh Morrison, musician Peter Bourne, and Masters of Ceremonies for the Launch, Mary Emmond and Brandy Knight.

On Saturday, January 25<sup>th</sup>, the Victoria launch of writer Sheenagh Morrison's first book, ***Researching Researchers: Interviews with Researchers about Disability*** and singer Peter Bourne's first CD, ***If I Can Help Someone Today*** was held at Emmanuel Baptist Church.

The event was co-hosted by SABF (Self Advocates for a Brighter Future) and Vancouver's Spectrum Press, which is a division of Spectrum Society for Community Living. Spectrum Press produced the book and CD.

In ***Researching Researchers***, self advocate Sheenagh Morrison interviews 15 researchers who are exploring what it means to be supported, and what support means. Sheenagh also organized the City of Victoria's Proclamation recognizing International Day of Persons with Disabilities on December 3<sup>rd</sup>, 2013. Sheenagh's book sells for \$12.

Singer, musician, active community volunteer and longtime self advocate Peter Bourne has been entertaining audiences for decades with his powerful renditions of spiritual songs, blues and oldies. The cost of Peter's CD is \$15.

Please contact Sharon Sinclair (SABF) at [ssinclair2@shaw.ca](mailto:ssinclair2@shaw.ca) if you're interested in buying Sheenagh's book or Peter's CD.



Raven Gibbons, Sean Bartram and Lisa Lee from Futures visit canine buddy, Holly Golightly, at the Kardel office.



Kardel BBQ 2013: Rhianna Williams, Cam McIntyre and Candice Simpson

Ashley Fernandes and Wayne Ballantyne relaxing.





## Paskin

Spring has come to Paskin with daffodils in the yard and lots of changes in the house!

Vicki has decided she would like to move. She chose Sentinel. Iggy, who lives at Sentinel, also decided that he would like to move and was happy to come to Paskin. After much ado, Iggy and Vicki will be moving May 1st, coincidentally, Vicki's birthday. We will miss Vicki and wish her the best, and we welcome Iggy with open arms.

Vicki decided that a farewell trip would be a great idea, so Deb Smith, Vicki and I (Barb Delbrouck) went off to Vancouver to see Lady Antebellum. We borrowed the fancy Maryland van and went in style. Vicki enjoyed the pub before the concert, where she chatted up Steve, a fellow who offered to share his table with us. Then we walked down the street to the concert and were met with blasting music for the next three hours! I must be getting old, but Vicki loved it! She knew every word to every Lady A song, fist pumping the whole time.

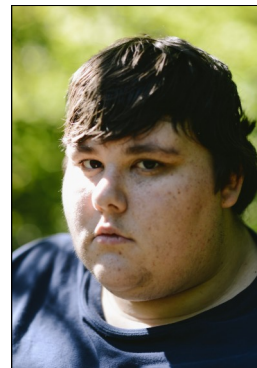
Of course she made friends with our usher, and the security guys (we had to ask them to crush her pills, as the pill crusher got jammed!) They came to meet Vicki - and who can deny Vicki the charmer anything - "Sure we'll crush your pills!" After the concert, they gave Vicki the actual playlist of songs that Lady A played. One thing I'll miss about Vicki living at Paskin is whenever you take her anywhere she always knows someone, and she always goes up to people and says "Hi, my name is Vicki", and most people respond to her.

Paskin will be different without Vicki, but we wish her well at Sentinel. We are looking forward to Iggy coming and joining Matt, Greg and Paul. Kylie will be the only gal there now. I'm sure Ky will embrace her new role as House Mom!

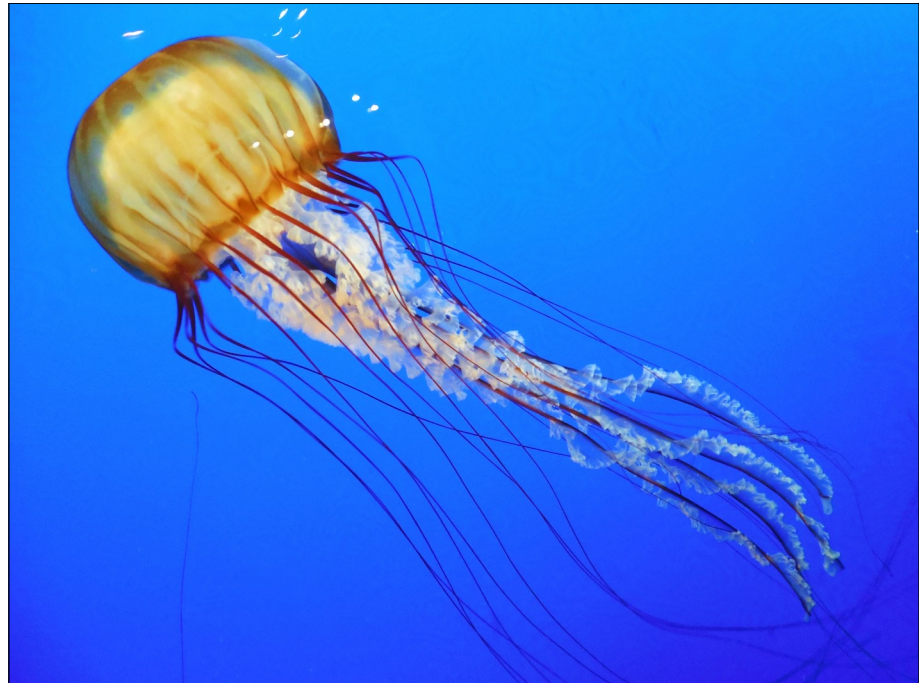


Vicki attended the Lady Antebellum concert in Vancouver and has the t-shirt to prove it!

## Photos by Sean Bartram

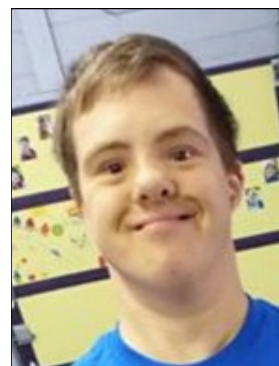


## Photos by Iggy Pelky





## Photos by Kyle Valad



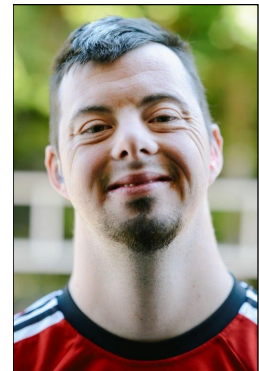


## Photos by Gabe Wadham





## Introducing ... Photos by Clinton Delaronde



You can see all these stunning photographs and more if you check out the online Photography Club, at [futuresphotography.wix.com/home](http://futuresphotography.wix.com/home)

## The Mandt Minute

Ken Passmore

*"It is not the bad apple – it is the barrel."* Vaughan Bowie, 2010.

Vaughan Bowie has worked in a variety of human service settings and is an expert in reducing workplace violence.

When we are supporting people there is a tendency to judge/focus/work on the behaviours presented instead of the context of the environment in which they occurred. The environment is much more than just the physical location. Environment includes the ability of staff, family, outside professionals, friends etc. to provide needed supports in a consistent and positive way. If there is tension and animosity between people it is a very different environment than one where people are treated with dignity and respect.



When we are trying to find a way to support a person we often fall into a trap that Bowie describes as rearranging the deck chairs on the Titanic. To successfully support someone we need to focus on why we are here and where we are going. The basic principles of behaviour as communication will keep the focus on what the individual is trying to "say".



## Training

Stuart Munger

Since the last Connector it has been really busy in regards to training. One big initiative has been the leadership sessions held by Cathy Elford which have received excellent feedback.

We have tried to offer a diverse set of training opportunities relevant to the people we serve and their support staff. Here are samples of recent training.

Ethnicity, Race and Culture: Towards an Inclusive Community Living Movement

Conducting Effective Meetings

Sexual Health Workshop – Island Sexual Health

Bullying versus Conflict in the Workplace

Advanced Health Care Planning by VIHA and the Public Guardian and Trustee

Harassment and Diversity

Community Partnership Network: Building Relationships with Local First Nations Communities

Safe Harbour Workshop by the Inter Cultural Association

Training on Person Centred Planning meetings

We are actively looking for new opportunities. If you see a course that would assist staff in supporting individuals we serve, please contact me at 250 382 5959, Ext. 232, or [stuart@kardel87.com](mailto:stuart@kardel87.com).

## Congratulations to Cissy!

Following an application process and successful interview, Cissy Lum from Futures secured a position at the Kardel office in the cleaning department.

Here she proudly displays her first pay cheque.



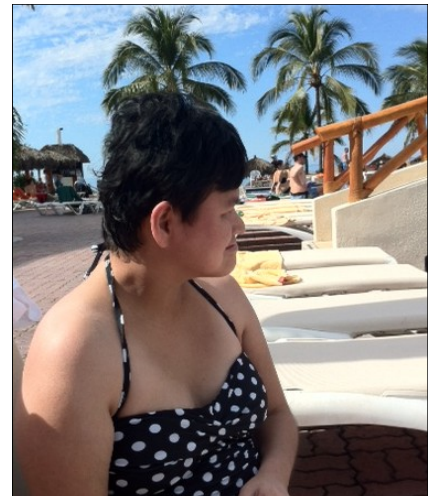
## Sentinel

Here at Sentinel, a lot has gone on recently. In October, Iggy came to live with us and he has made some great new friends. As of May, we are sad that Iggy will move to Paskin, but Vicki will take his place here. We look forward to getting to know her as she becomes part of the Sentinel family. Lindsey has regained her health and is back to her same old self, doing everything she loves...swimming, scrapbooking, visiting with high school friends and enjoying music. Ken and Ron are awesome. They love movie days and just hanging out at home. They recently went to Butterfly Gardens and had a blast. Ken loved all of the squawking birds and Ron was attracted to the butterflies. Ken is back swimming and loving it.

We look forward to the summer activities and the many bbq's ahead. We welcome Brandi back as Manager and welcome all our new team members!

## Melanie goes to Mexico

Melanie Hall travelled to Puerto Vallarta, Mexico for two weeks with her home share caregiver Jenn Johnson and friend Gayle Pattison. Mel had a fantastic time lounging at the pool and sipping Pina Colodas. We especially enjoyed the Mexican festival nights with mariachi bands and fresh made churros! Mel is turning into quite the traveller. Next vacation.- Hawaiian cruise 2015.





## New Life

November 22, 2013—Welcome to Erin Myttenar, sister to big brother Ben, daughter to Mindy and Simon, and granddaughter to proud grandparents Karen and Pieter Van Rheenen.



Kardel employee Marcella Caldwell and Tyler Westlake welcomed their son Evan on March 7th.

Doug Morphet enjoys a cuddle with Kris Gower and Sasha White's new little son!! Shaden Maximus Lyric Gower was born on November 30, 2013

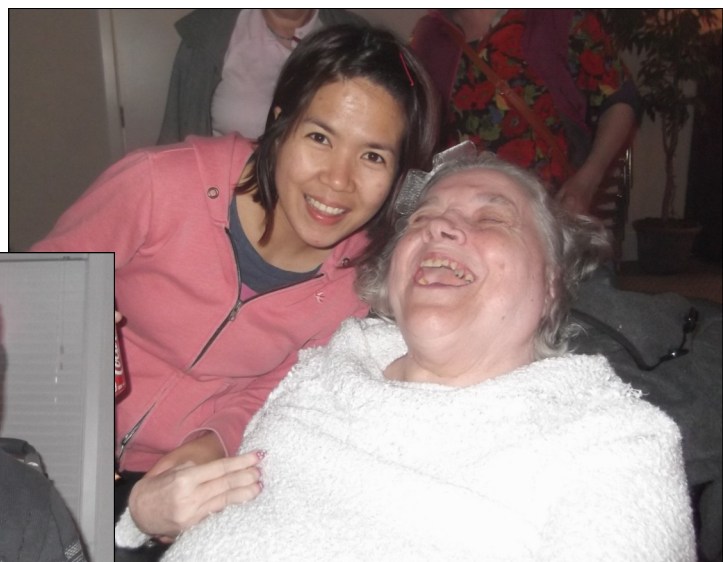


## Kardel Dance Party



A fun time was had by all at the Kardel Dance Party on Friday, April 11th, at the Well.

A big thank-you to Mark Bamford for organizing the event – including smoke show, special lights, and amazing music! Kardel also thanks everyone at the Well Church for the use of the space.



## Accessibility – What does it mean?

Hello everyone, what does accessibility mean to you? It can mean so many things, so I referred to the definition in Merriam-Webster Dictionary and it said: “capable of being understood or appreciated”.

Our Accessibility Plan states the goal is full inclusion for people with disabilities within our services and within our community. When writing the Accessibility Plan, it can only be done **based on input from all stakeholders**. Therefore I wanted to show you the barriers that are defined for accessibility by CARF:

An **architectural** barrier is any physical factor that makes accessibility difficult for an individual. This may include narrow doorways, bathrooms that might need to be made more accessible, alarms that are not able to be heard by individuals with hearing impairments, or even something as simple as the location of furniture.

An **environmental** barrier is a characteristic of a setting that compromises service delivery and benefits to be gained. This may include items such as flickering lighting, noise levels, and troublesome fragrances.

An **attitudinal** barrier is a preconceived (usually negative) attitude that people have towards persons served. Examples of this may include attitudes of neighbours or other community members, or the lack of “person first” language used by agency personnel.

A **financial** barrier is anything that may mean that a service is restricted because of a lack of sufficient financial resources. Financial barriers may exist at the organizational level, or may be specific to funds possessed by persons served.

An **employment** barrier is an indication that a workplace does not provide sufficient flexibility or equipment to ensure a productive and satisfying workplace for employees. An employment barrier may also speak to measures that are in place to promote successful employment for persons with disabilities.

A **communication** barrier looks at anything that inhibits information being accessible and understandable to all. Examples may include the possible absence of devices available to persons served or personnel to be able to be understood by others, or promotional materials that are not present in formats that are easily understandable.

A **transportation** barrier speaks to situations in which service recipients are unable to reach or participate fully in services because of the lack of suitable and available transportation.

A **community integration** barrier is anything that may limit an individual's ability to fully access their community in a way of their choosing.

I hope this gives everyone a greater understanding of what accessibility involves. When something happens to you personally or as an individual supported that relates to these barriers, please contact me to see how we can address, share and learn from it.

Stuart Munger

Director of Programs and Quality Assurance

250 382 5959, Ext. 232 or [stuart@kardel87.com](mailto:stuart@kardel87.com).



## Dustin Doings

**Kara** continues to explore social opportunities in the community but her favorites are dinner at Dad's and brunch with her grandparents. **Caitlin** is looking forward to the nicer weather coming and spending time with sister Dorothy. **Wayne** just celebrated another birthday which is great because he is always willing to have guests and cake. **Julie** always seems to be in great spirits and looks forward to spending time with her family on the weekends. Julie often has lunch and helps out at their church's soup kitchen on Saturdays.

**Don** attended a lot of Victoria Cougars hockey this year and was awarded a team skate around and team picture for being a big fan. Way to go, Don!



## Maryland

Mike Johnston and Sharon Caughlin enjoy a moment with a perfect-sized pup for Sharon's table-top.





## Maryland



Above: Maryland's Winter Wonderland



Top Right: John Dobson relaxes in an indoor swing

Bottom Right: Ben Casperson applies the candles to Gordon's birthday cake on January 31st.



Below: Camosun student Sue Williams assists with Sharon's tea. Sue was a welcome addition to the team.



## Volunteer Appreciation Week April 6th—13th

*Kardel thanks those Volunteers who donate their time to making life better and more fun for the people we serve, in their homes, day programs, and at their work and volunteer jobs.*

Vivian and the team at Henry thank our wonderful volunteers!

Harold Peffers meets Patsy at Silver Threads monthly for dinner. As well, Patsy attends weekly services at the Gateway Church, where The Joy Care Team (nine volunteers) to assist with Patsy's comfort, and offer a loving and more inclusive experience. Jan Krottner volunteers with Doug Morphet and takes him to her home monthly. We really appreciate your contributions!



Jason Smith on Volunteer Recognition lunch day with Tanya and Jason from Lakes.

**I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy are those who have sought and found how to serve."**

**Albert Schweitzer**

### Kardel's Goodwill Ambassador

Dave is always there to hold the door when your arms are full, direct you through crazy traffic in the parking lot or just brighten your day with a warm hello and a smile.

Dave never asks for anything in return but is happy to recycle your empties or accept a warm cup of coffee on a miserable day. He has made Karl's day, by buying him a coffee.

Thanks Dave! You make our days brighter!





## Individual Support Network



Kerry Ann Heywood at her paper route and her job at Starbucks, in Saanich Centre.



Jaime Sarvi and friend enjoy their Art class.

Sean Laughren checks out Fisherman's Wharf.





## Futures Club

Valentines Day at Futures



Marty, the Royals Mascot, had a GREAT visit with the Futures Club in February..





## **Kardel Team Members with over Seven Years of Service**

**(15,000 to 30,000 plus hours)**

**Kardel wouldn't be the quality agency it is without the commitment of so many long-term staff members. We acknowledge and thank the following employees who have given Kardel more than seven years of dedication.**

### **Full Time**

**Deb Harland  
John Konstantinides  
Lena Gilmore  
Tara Williams  
Sharon Dickson  
Evelyn Lucina  
Ben Caspersen  
Kuljinder Nijjer  
Jace Ford  
Robin McCartney  
Lisa Lee  
Nelvi Bolton  
Mavis Pfeifer  
Brenda Stirling  
William Yow  
Brenda Bailey  
Michael Johnston  
Laura Davidson  
Darla Wicker  
Bill McMullan  
Jackie-Mae Scott  
Emily Ash  
Jennifer Noullette**

### **Part Time**

**Jule Lamothe  
Debra Smith  
Judy Wyers  
Marja Mitchell  
Leslie Baker  
Binyam Tesfay  
Renn Butler  
Kathleen Forster  
Yan Wu  
Barb McDonnell  
Janine Krottner  
Melanie Sims  
Pepa Zlatanova  
Barb Delbrouck  
Hanne Karemaker  
Harold Peffers  
Marie Brabenec  
Jane Haggis  
Meghan Griffin  
Barrie Newton  
Susan Van Donkersgoed  
Heather Stonham  
Karen Sprigg**

**Thank you to our long-term Management/Administration Team Members: Cathy Elford, Ken Passmore, Vivian Ackerley, Jenn Neely, Colleen Dally, Terry Hartley, Shelly Norbury, Janice Bradley, Tracy Bruno and Kimberley Albrighton.**

## Henry



Henry hosted its annual Christmas dinner, with 40 people enjoying the feast!

Attached are some photos from the evening.

(Please forgive us for not listing all the names!)





## Welcome New Kardel Team Members

We have welcomed the following people to the Kardel Team since January 2013.

Leticia Adobas  
Opalyn Azucena  
Adele Battley  
Shafiqah Bergman  
Shawn Berry  
John Campbell  
Cherry Cawas  
Elise Dri  
Marie Escarnuela  
Ashley Fernandes  
Stephen Ferris  
Dilbert Garcia

Kaviya Grundmanis  
Darrel Guiboche  
Erica Hamilton  
Christine Ireland  
Joyce Kanbonnabah  
Stuart Linnell  
Rowena Lucina  
Bryan Manhas  
Kate Meldrum  
Candice Montgomery  
Molly Newstead  
Joslin Sinclair

Erin Sloan  
Amalea Smithson  
Francois Tessier  
Claudia Uribe  
Krystle Walker  
Cecilia Weckman  
Casey White  
Elaine Whitehead  
Rhianna Williams  
Victoria Wilmott  
Stacey Wilsher

## Central Orientation



Central Orientation was held in the Kardel Board Room on January 28 and March 18, 2014 . Attending were long-term staff and three new Kardel team members.

Left to right Molly Newstead, Kiyoko Marton, Elaine Whitehead, Judy Wyers, Sharon Dickson, Jane Haggis, Melanie Sims, and Karl Egner at the January session.

## Karl Egner, CEO

This edition of the newsletter lets me introduce to you an expansion of the Kardel Home Share network and to introduce some new people who have joined the lineup. As of the beginning of February, Kardel extended its services further up the Island to the communities of Nanaimo, Parksville, Courtenay and Campbell River.

I am very pleased to introduce the four new Home Share Coordinators who are, moving from south to north, **Lise Ferlund**, **Dianne Kleibl**, **Kiyoko Marton**, and **Michael Plant**. There are presently offices in Campbell River, Courtenay, and Parksville and the Nanaimo office will be open as of May 1. These four HS Coordinators will be responsible for transfers of existing HS Providers from CLBC, for developing new HS placements and for respite arrangements. This is a very exciting development for Kardel and with a foothold in these communities we may find further service opportunities down the road.

We have also had a change in the Victoria Home Share Coordinator lineup. **Jen Neely**, who laid the foundation for the Kardel Home Share Network, and who now also teaches at Camosun, has moved over to the manager position at Hillside. We now have **Katy Blondal** on board, along with Carla Hunt and Kim Lichtensteiger

I want to acknowledge here the collaborative spirit of the Victoria Home Share Providers, many of whom have given generously of their time in support of meetings and projects to the benefit of our better understanding of issues and support needs. I'll give a special "shout out" to Bev Bradley and Frankie Best for agreeing to travel up island at the request of a group of Home Share Providers to share their experiences regarding agency-coordinated home share.

While I'm in "shout out" mode, let me throw one out to Stuart Munger as well. In late January we had the CARF Surveyors out for our 4<sup>th</sup> successful 3 Year accreditation. This was Stuart's first, in the role that he took over from Karen Van Rheenen, and while each one is stressful, Stuart pulled it off with style (and a little sweat).

On March 12, we held a Kardel **Staff Recognition** event at the Delta Victoria Ocean Pointe. In attendance were staff who have logged either 15,000 or 30,000 hours with the agency (15 in total, along with Stuart and Cathy, and of course, "yours truly"). We spent the morning engaged in rather wide-ranging and open conversation about the agency about what's been good, what could be better, where we need to focus. I always appreciate the feedback we get from these events and we've commenced work at the Strategic Action Group based on a couple of the recommendations from the March 12th meeting. Following the morning's discussions we finished off with lunch, and of course, a lot more, but less serious conversation.

One final good news announcement. Kardel has for a number of years provided support to deserving Camosun students in the Community, Family & Child Studies program at the Community Support & Education Assistant Ceremonies. An award known as the Andrea Van Rheenen Award is presented in each program, by Andrea and her family.

Continued on page 27



There is also a Kardel Award for Community Support Worker. I have contacted Mary Hunt with the proposal that we rename the latter the Bert Hunt Award in memory of her husband, a very dear and dedicated champion of persons with disabilities and all those who support them. Mary has agreed and we will formalize arrangements with the Camosun Foundation. Further details will be announced.

And that's it for me, other than to say I'm taking off for the vacation of a lifetime with Jennifer, Kelsye, and Mitchell. We're gone for the month of May to sample the cuisine and culture of Spain and Italy ... **and also a Formula 1 Race in Barcelona!!**



John Forbes and Karl at the office



## Butter Tart Coffee Cake

Ken Passmore

Ken is well-known for his skills as a Chef, and by the many culinary treats he has shared with his Kardel colleagues. Here's one of his delicious recipes!

This dessert-style coffee cake tastes exactly like a butter tart!

### Cake

- 1 1/3 cups all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/4 teaspoon salt
- 1/4 teaspoon ground cinnamon
- 1/3 cup packed light brown sugar
- 1/2 cup cool but not cold unsalted butter, cut into pieces
- 1/4 cup sour cream
- 1 large egg at room temperature
- 1 teaspoon vanilla extract



Preheat the oven to 350 F. Grease a 9-inch springform pan and dust it with flour, tapping out any excess.

For the cake, sift the flour, baking powder, salt and cinnamon together and stir in the brown sugar. Cut in the cool butter until the mixture is crumbly, but bits of butter are still visible.

In a separate bowl, whisk the sour cream, egg and vanilla together and add this to the flour mixture, beating on medium-high speed if using electric beaters or a stand mixer, or vigorously by hand, until the mixer is smooth, light and fluffy, about 3 minutes. Scrape this into the prepared pan, spread to level and bake for about 25 minutes, or until a skewer inserted in the centre of the cake comes out clean. Allow the cake to cool for 10 minutes while preparing the topping.

### Butter Tart Topping

- 1/2 cup packed light brown sugar
- 2 tablespoons all-purpose flour
- 1/2 teaspoon baking powder
- 1/4 teaspoon ground cinnamon
- 2 large eggs at room temperature
- 1/2 cup corn syrup
- 1/4 cup unsalted butter, melted
- 1 tablespoon whiskey or brandy (optional)
- 1 teaspoon vanilla extract
- 1 cup raisins

For the topping, whisk the brown sugar, flour, baking powder and cinnamon together. In a separate bowl, whisk the eggs with the corn syrup, melted butter, whiskey or brandy (if using) and vanilla. Pour this into the sugar mixture and whisk until it is evenly blended. Stir in the raisins. Pour this over the slightly cooled cake and spread the raisins evenly over the top (sometimes they clump up when the topping is poured on). Return the cake to the 350 F oven to bake for 20 minutes until the topping has bubbled and set. Cool the cake to room temperature before serving.

The cake will keep, wrapped and unrefrigerated, for up to 3 days.



**Grant David William Neufeld****May 20, 1993-December 5, 2013**

Much loved and greatly missed son of Kimberley Albrighton, Kardel Scheduler.

Grant was born on May 20, 1983 at 11:20 pm at VGH and passed suddenly at his home at the tender age of 20, merely one day after he registered at Camosun to start his journey towards becoming a high school teacher. Grant loved sports. He was active in hockey, golf, lacrosse, basketball and snowboarding. He was also a real people person; family and friends were very important in his life as were his values of loyalty, respect, honesty and compassion.

Grant had a close bond with his older brother Andrew and was very close to his maternal grandparents whose love and guidance were strong influences in his short life. Grant always told his Mom not to worry about things she had no control over, and conveyed an optimism that things would work themselves out.

“Randy Bobandy”, as Grant referred to his stepdad, has been a wonderful mentor, and Kim is so very grateful for the guidance and support Randy provided to Grant and the entire family.

Grant is missed so very much, but the family feels blessed to have had him in their lives to love and be loved by him. Kim would like to thank everyone for the outpouring of love and support that she and her family have received. It has been a great gift.

## Upcoming Events to Mark on Your Calendar



**Kardel Barbecue**— Wednesday, July 30th at the Well Church (Centennial Park Fellowship Baptist Church), 7577 Wallace Dr, Central Saanich, BC V8M 1V8. Fun, friends, food and face painting! Both lunch and dinner will be available. RSVP to Jennifer at [jandreen@kardel87.com](mailto:jandreen@kardel87.com) or phone 250 382 5959 ext 221.



**One Day**— Saturday, September 6th, in Topaz Park, at the corner of Blanshard and Finlayson Streets. A fun-filled day of music, dance, food, and people from all over Victoria! A marketplace of crafts will feature Future Club's popular greeting cards, with photographs from the Photography Club. One Day t-shirts will also be sold.



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